

## Saturday 17th May 2025 - From 9am

## **Guest Speakers Include:**

Diet and Nutrition for Ostomists **Sophie Turigel** 

Working with a Disability / Chronic Illness Sam (Wilkinson) Lee

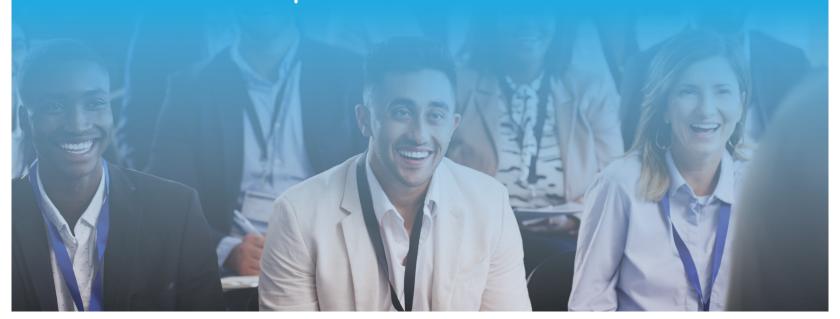
Peer and Professional Support for Ostomists & Internal Pouch Patients. **Scott Clifford** 

Medicine Matters **Uchu Meade** 

The Importance of Hydration for Ostomists and Internal Pouch Patients - followed by Q&A

Melissa Cunha

There will also be a product exhibition









## Birmingham IA's Annual Information Day & Business Meeting Programme

Saturday 17th May 2025 - From 9am

9:00am - 10:00am	Product Supply Exhibition in the Imagine Room Coffee and Tea in the Rookeries Room foyer
10:00am - 10:05am	Rookeries Room: Chairman's Welcome & Housekeeping
10:05am - 10:15am	Fittleworth, Event Main Sponsor
10:15am - 10:45am	Guest speaker <b>Sophie Turigel</b> , BSc Applied and Human Biology PG Dip Dietetics, MSc Transdisciplinary Practice <b>Diet and Nutrition for Ostomists</b>
10:45am - 11:30am	Guest speaker <b>Samantha (Wilkinson) Lee,</b> BSc (Hons) MSc, GMBPsS  Working with a Disability / Chronic Illness
11:30am - 12:00pm	Coffee Break and Product Exhibition
12:00pm - 12:30pm	Guest speaker Scott Clifford, Peer and Professional Support for ostomists and internal pouch patients
12:30pm - 1:00pm	Guest speaker <b>Uchu Meade</b> , MPharm, MRPharmS, PgDip CPP, PG Cert NM, IPresc.Consultant Pharmacist, Intestinal Rehabilitation <b>Medicine Matters</b>
1:00pm - 2:00pm	Hot and cold buffet lunch in the Holiday Inn Lobby Restaurant & Product Exhibition.
2:00pm - 2:10pm	Raffle
2:10pm - 3:00pm	Guest speaker <b>Melissa Cunha</b> , President of Birmingham IA PhD, FRCS Consultant Colorectal Surgeon Queen Elizabeth Hospital:  The importance of Hydration for ostomists and internal pouch patients, followed by Q and A
3:00pm - 3:45pm	Birmingham IA AGM and Business Meeting
3:45pm - 4:00pm	Tea & coffee - close of meeting

Please book early to secure a space by contacting Maggie Butler email: maggie.butler@iasupport.org or by Phone 0776 4942467

