



Birmingham IA's Annual Information Day 2025

Saturday 17th May 2025 - From 9am

Guest Speakers Include:

Diet and Nutrition for Ostomists
Sophie Turigel

Working with a Disability / Chronic Illness
Sam (Wilkinson) Lee

Peer and Professional Support for Ostomists & Internal Pouch Patients.
Scott Clifford

Medicine Matters
Uchu Meade

The Importance of Hydration for Ostomists and Internal Pouch Patients
- followed by Q&A
Melissa Cunha

There will also be a product exhibition



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Birmingham Conference and Events Centre
Hill Street Birmingham
B5 4EW



Birmingham IA's Annual Information Day & Business Meeting Programme

Saturday 17th May 2025 - From 9am

9:00am - 10:00am	Product Supply Exhibition in the Imagine Room Coffee and Tea in the Rookeries Room foyer
10:00am - 10:05am	Rookeries Room: Chairman's Welcome & Housekeeping
10:05am - 10:15am	Fittleworth , Event Main Sponsor
10:15am - 10:45am	Guest speaker Sophie Turigel , BSc Applied and Human Biology PG Dip Dietetics, MSc Transdisciplinary Practice Diet and Nutrition for Ostomists
10:45am - 11:30am	Guest speaker Samantha (Wilkinson) Lee , BSc (Hons) MSc, GMBPsS Working with a Disability / Chronic Illness
11:30am - 12:00pm	Coffee Break and Product Exhibition
12:00pm - 12:30pm	Guest speaker Scott Clifford , Peer and Professional Support for ostomists and internal pouch patients
12:30pm - 1:00pm	Guest speaker Uchu Meade , MPharm, MRPharmS, PgDip CPP, PG Cert NM, IPresc.Consultant Pharmacist, Intestinal Rehabilitation Medicine Matters
1:00pm - 2:00pm	Hot and cold buffet lunch in the Holiday Inn Lobby Restaurant & Product Exhibition.
2:00pm - 2:10pm	Raffle
2:10pm - 3:00pm	Guest speaker Melissa Cunha , President of Birmingham IA PhD, FRCS Consultant Colorectal Surgeon Queen Elizabeth Hospital: The importance of Hydration for ostomists and internal pouch patients , followed by Q and A
3:00pm - 3:45pm	Birmingham IA AGM and Business Meeting
3:45pm - 4:00pm	Tea & coffee - close of meeting

Please book early to secure a space by contacting Maggie Butler
email: maggie.butler@iasupport.org or by Phone 0776 4942467



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